



FOOTBALL CHEER

League Age: (FOOTBALL 7/31/17 CHEER 8/31/17)

MM (5,6) PW (7,8) MID (9,10) JV (11,12) VAR (13,14)

| Player Information | |
|---|-----------|
| Name: | |
| DOB: | Phone: |
| Address: | City: |
| State: | Zip Code: |
| School Attending Fall 2017: | |
| Emergency Contact Name: | Phone: |
| Family Doctor Name: | Phone #: |
| Did your child play for another organization last year? YES [<input type="checkbox"/>] NO [<input type="checkbox"/>] *If Yes where: | |

| Parents Information | |
|--|--|
| Father/Guardian Name: | Mother/Guardian Name: |
| Cell Phone: | Cell Phone: |
| Text: Yes [<input type="checkbox"/>] No [<input type="checkbox"/>] | Text: Yes [<input type="checkbox"/>] No [<input type="checkbox"/>] |

Participation Release

We the parent(s)/guardians(s) of the above named child hereby give my/our permission and approval for his/her participation in any and all Plant City Dolphin activities during the current year. I/We assume all risks and hazards incidental to such participation including transportation to and from the activities, including ON PREMISES SUPERVISION at all times. I/We do hereby waive, release, absolve, indemnify and agree to hold harmless and blameless the Plant City Dolphins, the TCYFCC and their organizers, sponsors, supervisors, officers, Board of Directors, trustees, coaches, trainers, participants and all other volunteer persons, for any claim arising out of an injury to my/our child, including during transportation to and from activities, except and in the amount covered by the league or conference provided accident liability insurance if any.

Equipment Return and Care Agreement

We the parent(s)/guardians(s) of the above named child agree that all equipment issued to my/our child will be cared for properly and returned to the Plant City Dolphins Board of Directors in the same condition as when issued normal wear and tear are expected. I/We understand that the child should wear only issued equipment and uniform during the games/competition unless board approved and that after the games/competitions the child is required to have a change of clothes to change into if staying for other games/competitions after their game/competition is over. If the equipment is not returned as stated I/We agree to pay to the Plant City Dolphins the replacement cost of all equipment not returned.

Parent/Guardian Signature and Acknowledgement

I/We have read the entire form, certify information is correct and agree with all the above terms and conditions.

Print Parents Name

Driver's License #

Parent's Signature

Date

Football & Cheer Registration Fees \$325

Football Fees Include

| | |
|--|----------------------------------|
| Helmet* | City Fees (\$30 per player) |
| Shoulder Pads* | \$50 worth of raffle tickets |
| Integrated Game Pants | Post Season Tournament Fees |
| Game Day Jersey W/ players name | All-Star Tournament Fees |
| Game Socks | Regular Season Volunteer Buy-out |
| 1 Mouth Piece | Dri-fit undershirt |
| Sports Physical if you attend one of our 2 physical dates | |
| *Helmets & Shoulder pads must be returned at the end of the season | |

Cheer Fees Include

| | |
|---|----------------------------------|
| Game Day/Competition Uniform | Cheer Bag |
| Shoes | City Fees (\$30 per player) |
| Bloomers & Sports Bra | \$50 Worth of raffle tickets |
| Game Day Bow | Regular Season Volunteer Buy Out |
| Practice Tank & Shorts | Competition Fees |
| Sports Physical if you attend one of our 2 physical dates | |

ALL REGISTRATION FEES & REQUIRED PAPERWORK MUST BE SUBMITTED BY JUNE 1ST OF THE CURRENT YEAR OR THE PLAYER WILL BE PLACED AT THE END OF THE WAITING LIST & NO EQUIPMENT/UNIFORM WILL BE ISSUED. ALL PAYMENTS CAN BE MAILED TO: PLANT CITY DOLPHINS, P.O. BOX 993 PLANT CITY, FL 33564

PLANT CITY DOLPHINS YOUTH FOOTBALL & CHEERLEADING LEAGUE REGISTRATION POLICIES/RULES

To prevent further confusion regarding some of our registration policies/rules, we are now requiring all parents and/or legal guardians to initial each line & sign this form. If you have any questions or do not understand any of the following, please see the one of our board members before signing.

_____ I understand that all registration fees must be paid by June 1st. Plant City Dolphins will no longer accept payment plans after the payment dead line. If your registration fee is not paid by the deadline date your child will go to the bottom of the waiting list.

_____ I understand that all registration deposits are NON-REFUNDABLE AND NON-TRANSFERABLE. The minimum first payment required at registration is \$100.00.

I understand that my child(ren) must have a sports physical dated after May 1st. All physicals must be submitted on a Florida High School Athletic Association physical form with the physical Date (after May 1st), doctor's signature & address. I further understand that my child's physical must be turned in by the first day of practice; this applies to football players & cheerleaders.

_____ I understand that if I have a returned check, I will be required to pay the returned check fee along with the amount of the check. If my returned check is not paid, my child(ren) will be removed from the roster and placed on the waiting list. I further understand that all future payments will have to be made by cash or money order.

I have completely read the Registration Rules/Policies and understand that by signing this document I fully agree to & accept the terms.

CHILD'S NAME

TEAM

PRINT PARENT NAME

PARENT SIGNATURE

DATE

PRINT BOARD MEMBER NAME

Board Member Signature

DATE

**PLANT CITY DOLPHINS YOUTH FOOTBALL & CHEERLEADING
PARENT/GUARDIAN FAMILY RULES OF CONDUCT**

The Plant City Dolphins Organization was organized to sponsor & promote youth sports activities for children in the surrounding community. Currently, our organization provides the opportunity for boys & girls to participate in a well-organized & highly structured football & cheerleading program. Our goal is to develop & encourage our youth in the American principles of community & personal loyalty, teamwork, and constructive effort, the spirit of competition, principles of fair play, and physical & mental discipline.

It is for the welfare of all the children involved with our organization that we have implemented the Family Rules of Conduct. We ask that you please inform everyone in your family concerning these Rules of Conduct because when you sign, you will be signing for everyone in your family, not just yourself.

1. The use of any alcoholic beverage or any evidence of while attending any TCYFCC & Plant City Dolphins function is strictly prohibited. Tobacco use must be in designated areas only. This also includes electronic cigarettes.
2. Inappropriate physical confrontations (i.e. fighting) will not be tolerated.
3. Inappropriate verbal comments, racial slurs, profanity; towards coaches, football players, cheerleaders, officials, directors, and/or other parents are **STRICTLY PROHIBITED**.
4. Any parent/family member volunteering as team mom, dad, etc.; shall be subject to a Hillsborough County Background check and must take a Hillsborough County Certification Course.
5. If there are any complaints not resolved by the coaching staff, then the complaint shall be in writing to the appropriate authority. Please keep in mind to follow the proper chain of command. Jumping the chain of command will delay your response from the board as everyone will need to be informed of the complaint to reach a decision. (Coaching staff >Football/Cheer Director>Trustee>Vice President>President).
6. You will not be able to start practicing with your team until ALL paperwork & registration money is turned in.
7. Please, no video posting on social media, such as Facebook. This is just a precaution, we would hate for other leagues to have an advantage by viewing our practices, plays in football, or cheerleading routines.

ACKNOWLEDGEMENT OF PARENT/GUARDIAN/FAMILY RULES OF CONDUCT

As a participant in the Plant City Dolphins League, I have fully read and understand the Family Rules of Conduct. I also understand that I am signing for all family members. The parent & family rules apply to any family member whose child/relative is participating within the Plant City Dolphins Organization. Violation of any rules can result in a verbal reprimand or suspension and/or dismissal of parent/relative **AND CHILD** from the Plant City Dolphins Football League with no refund.

Parent/Guardian Signature

Date

Board Member Signature

Date

PLANT CITY DOLPHINS YOUTH FOOTBALL & CHEERLEADING LEAGUE PLAYER RULES

The Plant City Dolphins Youth Football and Cheerleading League has developed a set of disciplinary rules by which all football players, and cheerleaders & their coaches will abide. These rules will be used as a guideline for the Board of Directors disciplinary committee in the event that it is deemed necessary. All participants will be expected to conduct themselves in a manner that will have a positive reflection on our league. It is the responsibility of each participant & his/her parent/guardian to read & fully understand the consequences that will result if there are any infractions of these rules.

PRACTICES

All practices are mandatory. The only excused absences will be for attending church, school functions, illnesses or death in the family, unless the coach grants approval. Practices will be Monday, Tuesday, Thursday & Friday from 6pm-8pm until the first week of school. Then practices are Monday, Tuesday & Thursday from 6pm to 8pm for the remainder of the season. Practice schedules are subject to change due to weather conditions & holidays. IT IS MANDATORY THAT PARENTS STAY WITH THEIR CHILD DURING ALL LEAGUE FUNCTIONS! There must always be a parent/guardian (or someone 18 years and older) at all practices, games, competitions, & any other league functions in case of an emergency or inclement weather.

SUSPENSIONS

1. Poor sportsmanship or disrespectful behavior directed toward (coaches, team mom/dad, teammates, game officiates, parents, directors, other team players, cheerleaders, or other league representatives, etc.) will result in the suspension for the first full half of the next game that the participant is present.
2. For any player throwing his helmet or any other equipment, he will forfeit the equipment for the time remaining in that game. In addition, he will also be suspended for the full first half of the next game that the player is present.
3. Profanity, racial slurs, obscene gestures or rude behavior during any Plant City Dolphins or TCYFCC function directed toward coaches, players, cheerleaders, officials, or directors is strictly prohibited.
4. Fraternalizing with cheerleaders or players (home or visitors) during practice or game, will result in the suspension of the first full half of the next game that the player is present.
5. Disruption of games or practices will result in suspension for the first half of the next game that the participant is present.
6. Any football player or cheerleader caught using tobacco products or alcoholic beverages at any Plant City Dolphins activity shall be suspended for the next whole game that the player is present.
7. Fighting before or after a game will result in a minimum one game day suspension. Further suspensions may be added as deemed necessary by the Plant City Dolphins Board of Directors "Leaving the bench area" to participate in a fight during the game, will result in at least two full game suspension for the next two games that the player is present. In addition, there will be disciplinary actions taken by the TCYFCC.
8. The Tri-County Youth Football & Cheerleading Conference and the Plant City Dolphins Youth Football & Cheerleading define "full season" as the start of the season beginning in July & end of the season being December 31st.
9. Gang related paraphernalia will not be tolerated at any Plant City Dolphins activity. Bullying of any type WILL NOT be tolerated and may result in disciplinary action
10. Any second violation of these will result in a review by the Disciplinary Committee.
11. If the Disciplinary Committee deems any violation too severe, a player or cheerleader could be dismissed by the Plant City Dolphins League with no refund.
12. If the player or cheerleader will be staying at the field for more than 30 minutes after their game, they must change out of their uniform.
13. In order to participate in halftime during the games, cheerleaders are required to attend all practices. It will be solely up to the coaches, discretion if you are able to perform halftime, that decision will be based on what you missed at practice in your absence.
14. It is the responsible of the parents of the participant to notify the coaches if they will not be attending a practice or a game. If the coach is not notified it will be considered an unexcused absence.
15. Cheerleading practices for competition are **mandatory**.
16. **No cheerleader is allowed to participate in stunts/pyramids without the supervision of the coaches or team mom.**

***If any parent or participant disagrees or has any complaints, this should be discussed with the head coach first. In the event that the situation cannot be resolved, the Football Director and/or trustee will then make a determination on the matter. At no time will a public discussion of a problem be conducted. Concerns and problems are to be discussed in private with the coach and/or coaching director and not in the presence of uninvolved parties and NEVER in the presence of any child. Please do not approach the coaches on Saturday right after the game. Any participant in the Plant City Dolphins organization which continues to violate the football or cheerleading rules as stated above is subject to a review by the Disciplinary Committee. The Disciplinary Committee's review could result in disciplinary action from a verbal reprimand to the dismissal of the player or cheerleader and/or family from the Plant City Dolphins organization with no refund.

ACKNOWLEDGEMENT OF PARTICIPANT RULES PARENTS ARE RESPONSIBLE FOR GOING OVER RULES WITH THEIR CHILD.

As the parent/guardian, I have fully read and understand the rules and the consequences that will occur if my child does not abide by these rules as stated.

Print Parents Name

Parent Signature

Date



T.C.Y.F.C.C. Informed Consent about Concussions and Head Injuries

Effective July 1st, 2012 Florida Statute 943.0438 requires the parent or guardian and the youth who is participating in athletic competition or who is a candidate for an athletic team to sign and return an informed consent that explains the nature and risk of concussion and head injury, each year before participating in athletic competition or engaging in any practice, tryout, workout, or other physical activity associated with the youth's candidacy for an athletic team.

The Facts:

- A concussion is a brain injury.
- All concussions are serious.
- Concussions can occur without the loss of consciousness.
- Concussions can occur in any sport.
- Recognition and proper management of concussions when they first occur can help prevent further injury or even death.

What is a concussion? A concussion is an injury that changes how the cells in the brain normally work. A concussion is caused by a blow to the head or body which causes the brain to move rapidly inside the skull. Even a "Ding", "Getting your bell rung", or what seems like a mild bump or blow to the head can be serious. Concussions can also result from a fall or players colliding with each other or obstacles, such as a goal post, even if they do not directly hit their head.

To help recognize a concussion, you should watch for the following signs in your athletes:

1. A forceful blow to the head or body that results in rapid movement of the head. -and-
2. Any change in the athlete's behavior, thinking, or physical functioning.

Signs and symptoms that may be reported by the player:

- Headache or pressure in the head.
- Nausea or vomiting.
- Balance problems or dizziness.
- Double or blurry vision.
- Sensitivity to light.
- Sensitivity to noise.
- Feeling sluggish, hazy, foggy, or groggy.
- Concentration or memory problems.
- Confusion.
- Does not feel right.

Signs and symptoms of concussion that may be reported by a coach or other observer:

- Appears dazed or stunned.
- Is confused about assignment or position.
- Forgets sports plays.
- Is unsure of game, score, or opponent.
- Moves clumsily.
- Answers questions slowly.
- Loses consciousness (even briefly)
- Can't recall events prior to hit or fall.

Both parents/guardians and players are advised to take the Center for Disease Control's free online concussion training at <http://www.cdc.gov/concussion/HeadsUp/Training/HeadsUpConcussion.html>

Under Florida law the player who is suspected of having a concussion or head injury must be removed from play or practice. Before the player may return to practice or competition a written medical clearance to return stating the athlete no longer exhibits signs, symptoms, or behaviors consistent with a concussion or other head injury must be received from an appropriate health care professional trained in the diagnosis, evaluation, and management of concussions. In Florida, an appropriate health care professional (AHCP) is defined as either licensed physician(MD as per Chapter458, Florida Statutes) a licensed physicians assistant under the supervision of a MD/DO(as per Chapters 458.347 and 459.022, Florida statutes) or a health care professional trained in the management of concussions.

I have read and understand this consent form, and I volunteer to participate.

Player Name: _____

Signature: _____ Date: _____

As parent or guardian, I have read and understand this consent form and give permission for my child named above to participate.

Parent/Legal Guardian Name: _____

Signature: _____ Date: _____

**TRI-COUNTY YOUTH FOOTBALL AND CHEERLEADING CONFERENCE
(TCYFCC)
WAIVER AND RELEASE OF LIABILITY**

In consideration of being permitted to utilize the facilities, services and programs of the TCYFCC (or for my children to so participate) for any purpose, including, but not limited to observation or use of facilities or equipment, or participation in any off-site program affiliated with the TCYFCC, the undersigned, for himself or herself and such participating children and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will, inspect and carefully consider such premises and facilities or the affiliated program. It is further warranted that such entry into the TCYFCC for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgment that such premises and all facilities and equipment thereon and such affiliated program have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use or participation by the undersigned and such children.

In further consideration of being permitted to enter the TCYFCC for any purpose including, but not limited to observation or use of facilities or equipment, or participation in any off-site program affiliated with the TCYFCC, the undersigned hereby agrees to the following:

1. THE UNDERSIGNED ON HIS OR HER BEHALF AND BEHALF OF SUCH CHILDREN, HEREBY RELEASES, WAIVES, DISCHARGES AND CONVENTS NOT TO SUE TCYFCC and all branches thereof, its directors, officers, employees, and agents (hereinafter referred to as "releasees") from all liability to the undersigned or such children and all his personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned or such children whether caused by the negligence of the releasees or otherwise while the undersigned or such children is in, upon, or about the premises or any facilities or equipment therein or participating in any program affiliated with TCYFCC.
2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releasees and each of them from any, loss, liability, damage or cost they may incur due to the presence of the undersigned or such children in, upon, or about TCYFCC premises or in any way observing or using any facilities or equipment of TCYFCC or participating in any program affiliated with TCYFCC whether caused by the negligence of the releasees or otherwise.
3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH, OR PROPERTY DAMAGE to the undersigned or such children due to the negligence of releasees or otherwise while in, about or upon the premises of TCYFCC and/or while using the premises or any facilities or equipment thereon or participating in any program affiliated with TCYFCC.

Dated: _____

Printed Name of Parent/Guardian

Participant Name

Signature of Parent/Guard

STATE OF FLORIDA; COUNTY OF _____

SWORN TO AND SUBSCRIBED before me on this the day of _____ 20____,
by _____, who is either personally known to me or provided
_____ as identification and who did take an oath.

Notary Public

Player Contact Information

Plant City Dolphins



Youth Football & Cheer

| | |
|---|--|
| Player Information | |
| <input type="checkbox"/> | |
| Name | Football <input type="checkbox"/> Cheer <input type="checkbox"/> |
| Team | |
| MM <input type="checkbox"/> PW <input type="checkbox"/> MID <input type="checkbox"/> JV <input type="checkbox"/> VAR <input type="checkbox"/> | |
| | |
| Parents Information | |
| Father/Guardian Name: | Mother/Guardian Name: |
| Cell Phone: | Cell Phone: |
| Text: Yes [] No [] | Text: Yes [] No [] |